

ARGENTINA TANGO DI INDONESIA

Interview Magazine Healthy Life - Neil Abaroea / Tango Instructor
(History, Style, Music, places of learning, where practice, benefits)

Reporter : Can you tell us about the history of tango?

Neil :

Tango is a dance that is in the influence of Spanish culture (language) and culture of Africa . Dance of candombe ceremonies (slave) to help shape the future of Tango .

Tango was born over a hundred years ago in South America , from many cultures , styles and ideologi. That originated from the port on the Rio de la Plata (Argentina and Uruguay) with immigrants who come to seek a better life , but who also want to return . They come together to express their joy , their sadness and their nostalgia for their homeland , with music , instruments and dance styles they brought from countries such as Poland , Italy , Spain , Germany , France , Africa and Cuba .

Tango word apparently first used in connection with the dance in the 1890s .. No dance has exceeded the imagination of passion and sensuality of tango Pada declared in 2009 as part of the world " intangible cultural heritage " by UNESCO .

Reporter : When to go to Indonesia ? and when the trend?

Neil :

As I recall argentina tango began to enter Indonesia late 90s , in the area south of Jakarta prapanca no school dance (baile Jakarta international) is one of the social tango dance program , managed by sherly callibara (philipine) but less developed , maybe because of the time it was part of argentina tango smaller than the existing program at the dance school and lost its popularity with the salsa dance that was the trend .

Instead argentina tango is more developed in Bali after Stefani K (german) and ogy Mendosa (philipine) who founded TANGO CLUB BALI with the goal of aspiring to made Tango as one tourist destination in Bali , they invite teachers and students from abroad and train people of all ages . Another thing is the Regular workshops and other activities , such as " practicas " (for practice) , " milongas " (dance) , " spectaculos " (show) arranged by the club as well .

In February 2006 (Indonesia) Bali 's first Tango Festival , Tango since then have been able to create a new trend, a new environment for social dances and tango fever now raging on the island of Bali.

Tango Bali's hard work in promoting the tango argentina have a good impact on the development of tango in other areas , especially Jakarta. In 2004, the tango began to boom again in Jakarta , Indonesia , and for instructors only 2 (Ion and Neil) . Yet no community , is still limited to the taking of private student . The development of argentina tango in Jakarta was rather slow due to growing some misconceptions in the community , especially the community of Latin dance and ballroom, a growing issue is that it is damaging posture argentina tango ballroom dancer , but now

its changed circumstances. Argentine tango favored enjoy doing and studied by everyone including the ballroom community. It is starting the places to dance tango in Jakarta such as the Grand Canyon , W9 and Mezzaluna enliven and bring new tango communities .

Tango together with other dance suitable for all ages. From 5 years to 70 years or more. But it is better if we learn from an early age (elementary school). Introduction to tango music as well as regular quality / classical music can help brain growth and our character. No limit for those who learn the tango. They can learn about leadership, how to lead their partner, how to get your dance partner, understood in the broadest sense , how to give a signal , translates these signals, controlling balance , control emotions , either self or spouse

Reporter: How many kinds of tango dance anyway?

Neil :

While most people seem to think there is only one dance - the Argentine Tango, Tango, in fact, is a dance that is family . It consists of three dances : Argentine Tango , Tango Vals (Waltz) , and Tango Milonga. They reflect different, yet related , and different genres of music with feeling , force , and time :

- Time to Tango is a 4/4 (early tango was 2/4 time)
- Time to Tango Vals - 3/4
- Time to Milonga is 2/4

Traditionally start with the most common - Tango . The reason is that most elements (steps) can be used in Tango Vals and Milonga .

Tango Rhythms class that teaches you to enjoy Vals , elegant , flowing and circular Tango variations which combines elements of European Waltz and Milonga , Tango rhythm variation that combines elements of African dance . Milonga is an early version of the dance that evolved into Tango .

A B A R O E A

Reporter: Anyone can learn tango ?

Neil :

Tango is universal so anyone can do it , including people who can learn a great posture or fat.

During the person can walk and have a good hearing, why not? same as the others , tango would be beneficial for those who are big in balance training and improved its fat and lowers cardiovascular health .

Reporter: So what's the core tango ?

Neil :

Talking about tango , you talk about the most romantic dance in the world , talking about hugs / cuddles and does all that talk about love , the love that comes from the heart so tango is a word that is synonymous with the heart , feeling , desire and love .

Philosophy tango is a medium / vehicle where you can learn to relate to the music , connecting

your mind with the body to move and clarity in dealing with your dance partner . Only in this way you will be able to interpret music and express themselves , both in the heart and to the people with whom you are dancing , so find joy and freedom to do whatever you want and whatever you feel on the dance floor .

Reporter: How many style of tango?

Neil :

The Tango consists of a variety of styles that developed in different regions and eras of Argentina and also in other locations around the world. The dance developed in response to a variety of cultural elements, such as the crowding of the venue and even the clothing fashion. Well most open style dancing in the arms, where lead and follow have space between their bodies, or close embrace, where lead and follow connect either chest-to-chest (Argentine tango) or in the upper thigh, hip area (American and International tango).

Style that we teach (www.neil-abaoea.com) is Argentine tango, (tango salons and tamgo state) as well as with information, we are more focused to tango argentina Most people only know the lay Tango ballroom and tango argentina when so many other tango-tango. Tango style quite a lot, can be viewed at google.com

Reporter: What kind musical Instruments used for tango ?

Neil :

Tango music derived from the fusion of various forms of music from Europe . At first , only instrumental songs , performed by a trio of guitar , violin and flute , and couples dancing together . Then the instruments coming from Germany called Bandoneon inserted and it will be the instrument that will provide a distinctive sound that Tango is recognized around the world at the beginning of the year . Tango danced in brothels since the lyrics were considered vulgar. Great poet of music Rioplatense (Rio de la Plata) with their lyrics about unrequited love and about the area that is no longer the same , appeared on the scene in the second decade of the 20th century . To dance Argentine tango you can use all of the songs / classical music , rhythmic pop , Rhumba and Waltz

Reporter: It's hard to learns tango?

Neil :

Very relative , again depending on each person. There are people who have talent in dance , you people are not so Mastering tango in what? memorize the step? Master its technique? Or what?

For beginners or hobby 2 x week 1 x week training plus practical enough. For those who want to be

Profesional minimal 6-8 hours a day . And that's not only practical but learning and applications in teaching beginners , because as soon as we give / share the information to the others we have extended our experience 2 x folding .

Essentially the more you learn, the more you practice, the more you will master the dance itself, but you might be able to hold my tips for that measure your ability to master the first dance , you have to learn at least 100 hours of training passes .

Studying open only in class or private, to learn to observe , learn to analyze both movements especially learning about the interpretation of the music relative . depending each person.

Practicingpractice and practice .

Difficult or not depends on each person

- Must frequently , even multiply to listen music tango with various types of rhythms and tempos vary
- You should be able to determine where the beats where the Major and Minor beats .
- Use simple steps like , Caminada , Ocho or Giro with music and tango .

Consider how to adjust to the pace of professional dancer / insruktur or your friend who is more experienced .

Reporter: Is it expensive learning tango?

Neil:

Well, actually uncomfortable talking this problem, but just info: Information is expensive, same with the tango dance, sometimes have to spend a little not only to obtain information. Generally, people learn argentina tango is the middle class and above. They actually well established in economics. Even though their original purpose is different, there being merely follow the trend / social life, health or really hobby. The price is variable. It depending on experience and the capacity of the instructor.

Reporter : Is there any compation for tango?

Neil :

For Indonesia there is a race tango argentina , usually done by example for community tango , tango lovers paradise Jakarta. There is always a race tango almost in every country with a rapidly growing tango community , championship or competition every year. Peak, possibly, can be seen in argentina tango championships each year held in Buenos aires

Hot dance is famous all over the world . Body movements are elegant and passionate gaze , is

characteristic . Especially if the dancers displayed together , it would look like a theatrical performance .

Not just dancing , the participants also compete for the title of Salon Tango Traditional , type of dance that includes flexibility and compactness partner . The other target is Tango Escenario a more acrobatic . In this session , couples dancers judged on dance choreography .

In recent years , Argentina has always come out as winners . This year , the foreign dancers strive for supremacy of the hands of the owner of the dance .

Reporter : where is the place for training tango in Jakarta?

Neil :

Now in Jakarta has been a lot of " Instructor tango " although not all are well aware of their intention tango steps only learn through learning with instructor or from the video , but sometimes they did not know what was done ! How is it produced? How the response that should be done ladies ? and others , but the other side will many people who love and want to learn the tango so this community is larger and more growing. There some friends and places in Jakarta that can be giving out info about tango .

Currently training ground for salsatango located in Jakarta , among others :

- Studio Simpruk Jl.Simpruk Golf Kingdom Kav 167 (Patal Senayan area)
- Studio Rukan Senayan (Stylize salon) , BTL Rukan Jl . Students' Army Blocks B27 (Patal Senayan area)
- Studio Menteng , Jl Tjokroaminoto No. Hos . 115 Menteng (across Izzi Pizza)

Salsa Tango Jakarta

Reporter: Where the place to practice tango in Jakarta ?

Neil :

Milonga is a term for a tango night / party where tango dancers practice . But there are 2 the meaning for milonga , the first is to dance milonga tango and the second for the night / party tango.

If you are looking for in Jakarta , this is a good place to start

- The Aperitivo - located in Telkomsel , Jl.HR.Rasuna Said Building , Lobby Floor , they have a milonga every Monday
- The Bar - Four Seasons Hotel Jakarta every, Tuesday and so on 21:00

- Entrada Restobar , G / F , Tower E of 18 Jl. Sudirman SCBD PARC Kav.52 - 53 , Jakarta
- Tempus - Ritz Carlton Hotel Mega Kuningan, Jakarta , milonga is every Saturday night with a live band from Los Morenitos .

If you need more information about where to dance , as it is more popular milonga or other information about the dance , do not hesitate to contact us . We want to help foreigners enjoy Tango in Indonesia .

Reporter: Is it hard or not Tango pairs anyway? how long?

Neil:

Comparatively, tango Ideally done in pairs, although there is also a solo tango dancers During the respective roles of men and women know, it is not hard, man is the leader and a woman is follower.

How long? depending on the amount of time and practical exercises with couple. Much more practical exercises and you will be good to dance with your partner or anyone else.

Reporter : What kind risk of tango ?

Neil :

Risks that can occur usually in the dancer who would grow up to be a professional dancer . For the hobby or who are interested in tango as a social dance , the risk is so small. Risks that tango can occur in men and women .

Blisters / sores

Generally women experience blisters on the feet and thighs caused by the movement of his own shoes and sometimes also on pria.hal can occur in regular exercise or at the time of the show , can occur in childrens or adults .

Related

Frequent occurrence of costumes related to the rights of women shoes , all in result because the female dancers have not mastered or can not control themselves, leg lift is too high on certain movements or lack of control can lead to heel position is all .

Fall

Although it is rare but possible risk of another is falling , because the tango is a balance in the indent movement so good dancers both men and women should be able to control the balance .

Journalist : What we must prepared to learn to tango ?

Neil

Talk fixtures , the tango man dancer had to use a long-sleeved shirt + trousers + based fabric dance

shoes and ideally add a jacket as a complement . For female dancers , special shoes and kostum tango is in use as convenient as possible , do not be too long 10 cm below the knee is good if there is a slit in one side for ease of doing movement but along with the development of tango , tango fashion trends for even more varied , sometimes even tango dancers as the women who want to follow the fashion show .

Journalist : How popular dance tango ?

Neil :

In October of 2009 to be exact , tango from Argentina and Uruguay expressed as part of world cultural heritage by the United Nations . Of the 24 members of the UNESCO Intergovernmental Committee set Intangible Heritage tango and music protected cultural status at its meeting in Abu Dhabi . This is done to spread the spirit of community throughout the world even adapt, to the new environment with the changing times . Tango is one of the best known manifestation of the identity of music , dance and poetry to embody and promote diversity and cultural dialogue .

Examples of some of the movies featuring Argentine tango for main subject :

- Adios Buenos Aires (1938) Adios Buenos Aires (1938)
- The Tango Bar (1988) , starring Raul Julia The Tango Bar (1988) , starring Raul Julia
- The Tango Lesson (1997) , starring Sally Potter and Pablo Verón , directed by Sally Potter's The Tango Lesson (1997) , starring Sally Potter and Pablo Verón , directed by Sally Potter
- Tango (1998) , starring Cecilia Narova and Mia Maestro , directed by Carlos Saura Tango (1998) , starring Cecilia Narova and Mia Maestro , directed by Carlos Saura
- Assassination Tango (2002) , starring Robert Duvall , Rubén Blades and Kathy Baker , directed by Robert Duvall's Assassination Tango (2002) , starring Robert Duvall , Rubén Blades and Kathy Baker , directed by Robert Duvall
- Orquesta Tipica (2005) , documentary films about typical orchestra Fernandez Fierro , directed by Nicolas Entel Orquesta Tipica (2005) , documentary film about typical orchestra Fernandez Fierro , directed by Nicolas Entel
- 12 Tangos - Adios Buenos Aires (2005) , directed by Arne Birkenstock 12 tango - Adios Buenos Aires (2005) , directed by Arne Birkenstock

Reporter: What are the benefits of tango ?

Neil :

Tango benefits include:

- Power Train concentration - When dancing the tango , the expression of the man often looks expensive smile . The expression is actually not without cause . Because when dancing , men should be concentrating and focused to think about next steps .

- Giving Effect Meditation - In contrast to the energetic and sexy salsa , tango rhythmic quieter . Sensual latin music is appropriate to the strains of tango . So do not be surprised , a lot of people who consider dancing a tango that gives the same effect with people who meditate .
- Strengthening Intuition and Feelings . In tango , the woman must wait " instruction " from the male partner . Without it , women could not move . Since you and your partner do not communicate verbally , you must train your intuition and feeling to respond to follow and react to gestures partner . Tango is a way of communicating through gestures.
- Streamline Train Stamina and stomach . Dancing activity is an aerobic activity that can improve your stamina . Additionally Ocho movement , where women had to move her hips while dancing , can make your stomach so slim .
- For Disease Therapy .
Tango can be used for treatment of Parkinson's disease and Alzheimer 's . As performed at the Borda Hospital in Buenos Aires Argentina .

Reporter: Why did the tango can have a positive effect on patients with Parkinson's and Alzheimer's?

Neil:

Your question is the same as Parkinson's and Alzheimer's pendeita. Initially, the patients with Parkinson's do not believe in therapy because they reasoned could no longer dance or have difficulty moving. However, after trying, slowly regained the ability tango can improve their body movements, "

There are several aspects that are very helpful, such as:

- The dynamic movements in tango is perfect to help restore the body's balance and activity of people with Parkinson's also a social aspect that formed during joint exercises in the classroom.
- Tango is a dynamic movement and regularly able to evoke the romance and excitement of each pair were brought.
- Patients who attend classes Parkinson tango therapy have advancements in terms of body balance.

Reporter: Did the therapy could be applied in Indonesia?

Neil:

May also try to apply this therapy tango in Indonesia. May be unpleasant for patients with severe disease. Or to participate in Latin dance center. Moreover, many developing latin center in Indonesia. And can be one of the alternative treatment options are fun.