

ARGENTINA TANGO SYLLABUS

This syllabus underlining the essential elements of the Argentine tango guaranteed to make students dance. It caters to everyone with no experience but has the interest to learn this passionate dance

Beginner Module level 1:

1. Fundamentals:
Posture,Balance,Axis,Walk,Embrace, Zero Position,Weightchanges (*Cambio de Peso en el Lugar*)
2. Caminada (*Walking*) and Caminada Variacion(*Walking Variation*)
3. Basico (Basic 8)
Understanding the Structure with the Basic 8 : mix'n match the sequences
4. Ochos :
Ochos Para Adelante (*Forward Ochos*) and Ochos Para Atras (*Back Ochos*) how to lead proper, how to read the lead and follow in the right way
5. Giros (Molinete) :
Giro /molinete in both direction , enrosques for the men
6. Connection :
Connection in Focus: close embrace,Energy and Resistance, movement
7. Variations :
Cadencia (*Rock Step*), Parada(*stop*), sandwich, pasada (*pass over*), planeo (*planning*)
8. History and Etiquette :
Dance and the Musik

Beginner Module level 2:

1. Musicality :
Slow , regular and double time
2. Voleos/Boleo :
Front and back : in dynamic: circular, with the lead, and Contra position

3. Barida (*swip*), Media Luna (*half moon*), Sacadas (*for men and women in front ,open and back*)
4. Ganchos and Enganches :
Ganchos lenganches for men and women In static

Intermediate Module I :

1. Musicality:
Intro to Milonga
2. Ocho Cortado (*cut eight*)
Understanding the action of the turn is interrupted and reversed.
3. Calesita (*carousel, merry-go-round*)
How to lead the follower and dances around
4. Carpa (*tent*)
Leaning against each other more than usual.
5. Cadena (*chain*)
How to leading the lady in a change of direction
6. Enrosque (*Supporting leg whilst of man*), Lapis-pencil (*Drawing one or more circles on the floor*), Bloque- block (*Feet are blocked by the other dancer*)
7. Embellishments:
Enhance your dance with grace and attitude

Intermediate Module II :

1. **Musicality :**
Musicality: Intro to Vals
2. **Volcadas :**
Intro to Volcadas: Out of axis
3. **Soltadas :**

Breaking the embrace and intro to 4th Sacada

4. Colgadas :

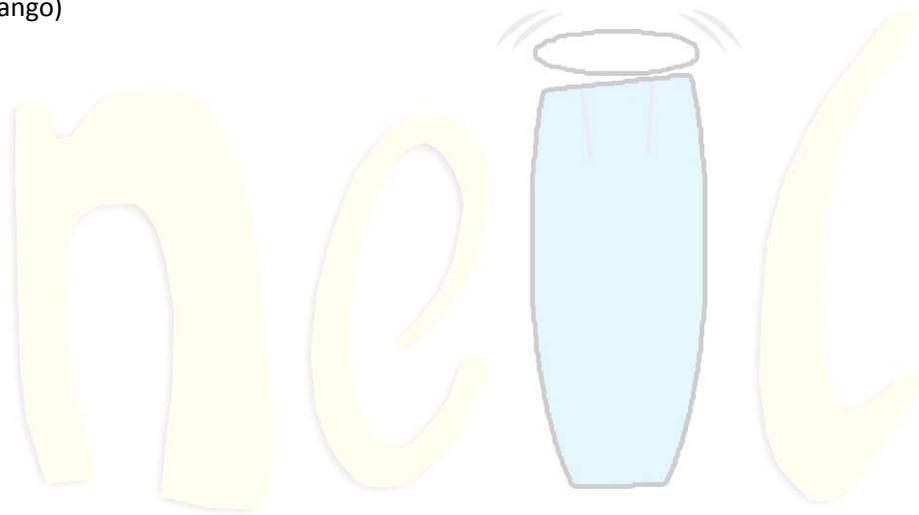
Intro to Colgadas Out of axis

5. Finales :

Ending the dance in style

6. Jumping and lifting :

only for students who have passed min. Advanced I level and danced for min 1 year (this is a special program that we just run with guests accredited teacher who specializes in stage tango)



A B A R O E A
Salsa Tango Jakarta

